



Do you need any assistance, care or support? (Or do you know someone who does?)

A wide range of options delivered by North Somerset Council and independent organisations are available to provide support if needed. Care and support may be required because of ill health, a disability, because you are caring for others, or during a crisis.

Community Connect is the single point of access for all general health and social enquiries in North Somerset for the over 50s, outside those provided by your GP. Community Connect offers impartial advice and can guide you towards social care services offered by North Somerset Council, or put you in touch with voluntary, statutory or private sector organisations.

Some of the services provided via Community Connect

Security ...Fire Safety...House and Home...Money...Keeping Warm...Electrical and Gas Safety... Falls...Accident Prevention...Keeping Healthy...Social groups...Learning Opportunities...Getting out & about...Equipment for Independence...Care Support

We can offer tailored support for older people to stay connected and active in their communities. We can also help you and your community to set up groups and activities that benefit the local area.

There are simple effective actions we can all take to boost our wellbeing to feel healthier and happier.

If you're reading this and would like to get more involved in your community, or you are simply after information or advice, please call our **Community Connect team** today on **01275 888 803** or email [**communityconnect@curo-group.co.uk**](mailto:communityconnect@curo-group.co.uk)

**In the parish of Flax Bourton you can contact your
Village Agent, Lyndsay Newman on 07967 345559
lyndsay.newman@curo-group.co.uk**

