

RURAL CONNECTIONS

Hello from your Village Agent, Lyndsay Newman. I work as part of the Community Connect service in North Somerset, which is a free service for people aged 50 +, offering information, advice and support to help people live independently at home, improving well being and addressing social isolation and loneliness.

The West of England Rural Network (WERN), for whom I work, has recently been awarded some funding from the Community Fund to develop a new project, working with rural communities, strengthening opportunities and activities for older people, particularly those who may be isolated. If you feel that there is something that you would like developed in your village in the way of an activity or group and would like some support to do so, then do get in touch with me. Perhaps you have a skill to share or there is something that you would like to take up again, or perhaps you would just like to have regular informal meetings with others in the village. I look forward to hearing from you. Tel: 07967 345559 or 01275 333701 (office) or email me at rc@wern.org.uk

